





# Newsletter

Pharmacopoeia Commission for Indian Medicine & Homoeopathy
(Centre Drug Laboratory for Indian Medicine & Homoeopathy)

Ministry of Ayush

## "Yoga for Vasudhaiva Kutumbakam" Celebration of 9<sup>th</sup> International Day of Yoga -2023

On the occasion of 9<sup>th</sup> International Day of Yoga, Pharmacopoeia Commission for Indian Medicine & Homoeopathy (PCIM&H), Ghaziabad has organised Yoga Session for the employees of PCIM&H. Yoga teacher Mrs. Manisha demonstrated the yoga poses with the help of her student. This year, the theme for International Yoga Day is "Yoga for Vasudhaiva Kutumbakam," which beautifully encapsulates our collective aspiration for "One Earth, One Family, One Future.

Dr Raman Mohan Singh, Director, PCIM&H in his remark mentioned that yoga is not only the physical exercises, it's the holistic practice to make the balance between mind, body and soul. The yoga session was practiced morning at 7.00 AM in the campus of PCIM&H. Around 130 participants has joined the yoga session with warm enthusiasm.









#### **A step Towards Humanity**

#### **Blood Donation Camp**

PCIM&H has conducted Blood Donation Camp on the occasion of "World Blood Donor Day" on 14<sup>th</sup> June 2023. 42 officials including 6 females has participated in the blood donation camp and donated the blood.





#### **Plantation Drive**

On the occasion of World Environment Day on 5<sup>th</sup> June, PCIM&H has initiate the plantation drive in the premises. All officials have participated in the plantation drive and planted the saplings of plants.





#### Visit at PCIM&H

### Visit of Dr. Tien Do, Laboratory Head, CAMAG Switzerland

Dr. Tien Do, Laboratory Head, CAMAG Switzerland along with Akshay Charegaokar, Director, Anchrome, Mumbai has visited PCIM&H on 16<sup>th</sup> June 2023. The officials of PCIM&H have interacted and discussed on "HPTLC and its Applications in the field of ASU&H Pharmaceuticals".





#### Plant from garden of PCIM&H



#### Symphytum officinale Linn.

**Drug name:** Symphytum Officinale in Homoeopathy **Family:** Boraginaceae; **Common name:** Comfrey

An erect, perennial herbs, 0.5 to 1.0 m high. Stem branched, strongly winged. Leaf decurrent, redical and lower cauline, 15 to 20 cm long, petiolate, oval-lanceolate, hairy; stem leaves smaller, oblong-lanceolate, sessile or short petiolate. Inflorescence terminal, scorpiod cymes. Flower numerous, white, yellowish-purple, pink or purple-violet, corolla 5, calyx 5; stamens 5. Fruit a nutlet, 4, oblique, ovoid, brown.

#### **Propagation / Cultivation:**

**Propagation:** by seeds in autumn and by division of root in spring; **Average Temperature:** 10°-20° C; **Soil:** damp soil with lot of humus; **Flower:** May-August

Page 2

#### Hindi Karyashala

PCIM&H has organized a "Hindi Karyashala" on 5<sup>th</sup> June 2023 to educate, motivate and promote the officials work in Hindi among the officials of PCIM&H. Dr VP Gaur, Hindi Consultant (Ministry of Ayush) also delivered the lecture on Rajbhasha Disha and Nirdesh.



#### **International Meet**

#### **Ayush delegation at Philippines**

Director PCIM&H along with officials of Ministry of Ayush has visited the Philippines as a delegation of Ministry of Ayush, Government of India. On 13<sup>th</sup> June team has visited Philippine Institute of Traditional and Alternative Health Care (PITAHC) and interacted with the officials of PITAHC.

On 14<sup>th</sup> June delegation have visited Naturopathic clinic at Bauer Tek Manufacturing Company at Bulacan; Bureau of International Health Cooperation.

On 15<sup>th</sup> June delegation has participated in the round table discussion on Ayurveda practices in Philippines.









#### **Participation**

#### **National Training Conclave**

Officials of PCIM&H have participated in the "National Training Conclave" organised by Capacity Building Commission at Pragati Maidan held on 11th June 2023.







#### 16<sup>th</sup> World Accreditation Day

Officials of PCIM&H have participated in the celebration of "16th World Accreditation Day" held on 09th June 2023 at Dr. Ambedkar International Centre, New Delhi.

#### Release of "Hindon Pravaah Patrika"

Officials of PCIM&H have participated in the release ceremony of "Hindon Pravaah Patrika" at Rafi Ahmed Kidwai National Postal Academy (RAKNPA), Ghaziabad held on 27th June 2023.





#### **Meetings / Technical Interactions**



#### **Meeting of Project Assessment Committee at** M/o Ayush

Officer from PCIM&H has attended the meeting of Project Assessment Committee held on 13<sup>th</sup> June 2023 under the Chairmanship of Special Secretary, MoA at Conference room of Ministry of Ayush to discuss the work progress of projects.

#### Meeting with Unites State Pharmacopoeia (USP)

Officials of PCIM&H has attended an online meeting with the officials of USP on 23rd June 2023 to discuss the collaborative work on development of standards for Ayurvedic drugs.



#### An Interactive Session between Bureau of Indian Standards (BIS), New Delhi Homoeopathic Industry

Officials of PCIM&H has attended an interactive session on 27th June 2023, scheduled between Bureau New Delhi Standards (BIS), Indian Homoeopathic Drug Industry to discuss the current developments and subjects be taken up for standardization in the field of Homoeopathy.



#### **Quarterly Meeting of Hindi Committee**

PCIM&H has conducted the quarterly meeting of Hindi Committee under the Chairmanship of Director, PCIM&H on 21st June 2023 to discuss the work progress of Hindi and other Hindi related issues.



For any Information / Suggestion/ Queries, please contact Director

Pharmacopoeia Commission for Indian Medicine & Homoeopathy (Central Drug Laboratory for Indian Medicine & Homoeopathy) Kamla Nehru Nagar, Ghaziabad

Phone no: (0120) 2787014; Email: dir.pcimh-ayush@gov.in

https://twitter.com/pcim h & \_\_\_ https://www.facebook.com/pcim.h.7/

